Takin' it "to-go":

# Matthew 14:12-21

13 "...he withdrew by boat privately to a solitary place."

Jesus	wa	as _	<u> </u>	_ drained.	
>	Mark's account (Mark 6:31)				
>	Jo	hn t	he Baptist's death		
Jesus	ne	ede	d!		
>	> Jesus modeled how to refuel.				
		0	Mark's account (Mark 6:31-32)		
		0	Luke 5:16		
Jesus	di	dn't	!		
Jesus shows the source of ""					
>	"_		" compassion.		
		0	Vs. 14		
>	"_		" compassion.		
		0	Matthew 16:26		
		0	Matthew 9:36		
>	"_		" building.		
		0	John 4:34		
		0	Matthew 6:19-20		
		0	Paul (II Timothy 4:6-8)		
		0	Parents (Matt. 19:13-14 / Mrk 9:42 / Matt	. 16:23)	

#### **HOME STUDY QUESTIONS & MESSAGE SUPPLEMENT**

Sunday, February 28, 2021: "Runnin' on Fumes?" – Matthew 14:12-21

### Thinking about it:

Can you think of a time when you really felt like you were "running on fumes" emotionally and/or physically and you weren't sure how you would get through it?

#### Looking back, what gave you the strength to get through?

(i.e. Was it simply your faith? Was there a visible "light at the end of the tunnel" that you could see on the horizon? Did you get little breaks in the battle in which you could catch your breath? Was the "prize" at the end too valuable to give up on? Etc.)

**In Sunday's message** we saw Jesus when He was "runnin' on fumes"... being fully human as well as being fully God. His body was hungry as he had been so busy teaching that he didn't have a chance to eat. His emotions were drained as he just learned of the beheading of his cousin, prophet, and baptizer, John the Baptist. He was trying to get away to a solitary place with just His disciples. The crowd learned where He was going and met Him there. He found the strength to not only teach and heal them, but also to miraculously create and break enough bread to feed about 10,000 people (a conservative estimate counting women and children).

#### **Looking to scripture: Read Matthew 14:12-21**

➤ How would you feel and how would you respond if you were in Jesus' sandals?

What is Paul's source of strength and hope while being "poured out" in II Timothy 4:6-8?

II Corinthians 4:16-18, How does living in the "whole story" help us in difficult "chapters" of our life?

PRAY: Thank God for the "whole story" that we can live in through faith in Jesus Christ. If you feel like you are "runnin' on fumes" in this moment, it's O.K.... admit it and make time to be alone with God this week and to serve Him in some capacity. He will "Isaiah 40:31" you!

## Matthew 14:12-21

13 "...he withdrew by boat privately to a solitary place."

## Jesus was PHYSICALLY & EMOTIONALLY drained.

- Mark's account (Mark 6:31)
- John the Baptist's death

## Jesus needed TO GET AWAY!

- > Jesus modeled how to refuel.
  - Mark's account (Mark 6:31-32)
  - o Luke 5:16

## Jesus didn't CATCH A BREAK!

# Jesus shows the source of "SPIRITUAL ADRENALINE."

- > "PHYSICAL" compassion.
  - o Vs. 14
- > "SPIRITUAL" compassion.
  - o Matthew 16:26
  - o Matthew 9:36
- → "KINGDOM" building.
  - o John 4:34
  - o Matthew 6:19-20
  - o Paul (II Timothy 4:6-8)
  - o Parents (Matt. 19:13-14 / Mrk 9:42 / Matt. 16:23)

<u>Takin' it "to-go"</u>: "Fueling up" on the right things, and for the right things gives me strength... even when runnin' on fumes!